**Life Recovery Center**

**Group Schedule**

**Substance Use Treatment Groups**

**Intensive Outpatient Treatment (IOT)**

* Monday, Wednesday, Thursday
  + 9:00 AM – 12:00 PM
    - 1440 N. Hudson, Indianapolis
  + 6:00 PM – 9:00 PM
    - 6350 N. Shadeland, Suite 5, Indianapolis
    - 1440 N. Hudson, Indianapolis

**Intensive Outpatient Program (IOP)**

* Monday, Wednesday, Thursday
  + 9:00 AM – 11:00 AM
    - 1440 N. Hudson, Indianapolis
    - Online
  + 6:00 PM – 8:00 PM
    - 6350 N. Shadeland, Suite 5, Indianapolis
    - 1440 N. Hudson, Indianapolis
    - Online

**Outpatient (OP)**

* Monday and Thursday
  + 9:00 AM – 11:00 AM
    - 1440 N. Hudson, Indianapolis
    - Online
  + 6:00 PM – 9:00 PM
    - 1440 N. Hudson, Indianapolis
    - 6350 N. Shadeland, Suite 5, Indianapolis
    - Online

**Aftercare**

* Wednesday
  + 9:00 AM – 10:00 AM
    - 1440 N. Hudson, Indianapolis
    - Online
  + 7:00 PM – 8:00 PM
    - 1440 N. Hudson, Indianapolis
    - 6350 N. Shadeland, Suite 5, Indianapolis
    - Online

**Abuse Intervention Program (AIP)**

Online Only

* Monday
  + 9:00 AM – 10:30 AM
* Tuesday
  + 5:30 PM – 7:00 PM
  + 7:00 PM – 8:30 PM
* Thursday
  + 5:30 PM – 7:00 PM
  + 7:00 PM – 8:30 PM

**Anger Management**

Online Only

* Monday and Thursday
  + 7:30 PM – 8:30 PM

**Prime For Life**

Online Only

* + 20-hour course
    - Friday 5 PM – 9 PM
    - Saturday 9 AM – 6 PM
    - Sunday 9 AM – 6 PM
  + 12-hour course
    - Friday 5 PM – 9 PM
    - Saturday 9 AM – 6 PM
  + 8-hour course
    - Friday 5 PM – 9 PM
    - Saturday 9 AM – 1 PM